



The Fifth Station **Simon Helps Jesus Carry His Cross**

Jesus even experiences our struggle to receive help. He is made to experience the poverty of not being able to carry his burden alone. He enters into the experience of all who must depend upon others to survive. He is deprived of the satisfaction of carrying this burden on his own.

Jesus, may your need for us, motivate us to fruitful efforts. 'I entrusted to them the message you entrusted to me, and they received it'.



The Sixth Station **Veronica Wipes the Face of Jesus**

Jesus' journey is at times brutal. He has entered into the terrible experiences of rejection and injustice. He has been whipped and beaten. His face shows the signs of his solidarity with all who have ever suffered injustice and abusive treatment. He encounters a compassionate, loving disciple who wipes the vulgar spit and mocking blood from his face. On her veil, she discovers the image of his face - his gift to her. And, for us to contemplate forever.

Jesus, help me to share by making life a Eucharist. May your sharing make me become what I receive: a Holy Communion.



The Seventh Station Jesus Falls the Second Time

Even with help, Jesus stumbles and falls to the ground. In deep exhaustion he stares at the earth beneath him. "Remember, you are dust, and to dust you will return." He has seen death before. Now he can feel the profound weakness of disability, disease and ageing for himself, under the weight of his cross.

Jesus, help me to use our falls to develop humility; a humility that places me at the service of others. A humility that is a warm embrace of the weaknesses and limitations of all those who need support in the struggle to rise again.

Response at each station

We adore you, O Christ, and we bless you.

Because by your Holy Cross you have redeemed the world.

At the end:

**Holy God,
holy and strong,
holy and immortal,
have mercy upon us.**

The Conclusion

Lord Jesus Christ, Son of the living God,
we pray you to set your passion, cross, and death
between your judgment and our souls,
now and in the hour of our death.
Give mercy and grace to the living;
pardon and rest to the dead;
to your holy Church peace and concord
and to us sinners, everlasting life and glory;
for you live and reign now and for ever.

Amen.

Let us pray for the coming of the kingdom
in the words our Saviour taught us.

The Lord's Prayer.